



*A Mystery Quilt  
"Meadow Breeze"*

**By Pat Sloan for Aurifil Thread**  
*36" x 36"*

Patterns Started In Feb 2010  
Setting Kits still Available <http://www.patsloan.biz>

Find the patterns at [www.PatSloan.com](http://www.PatSloan.com) on the free pattern page

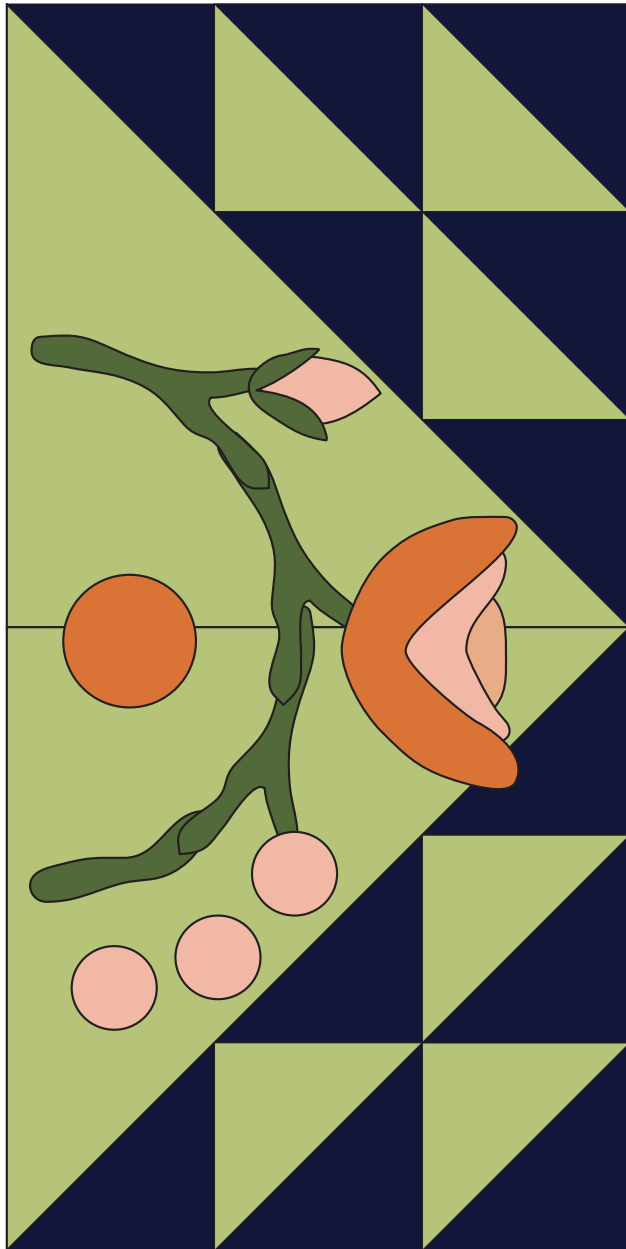
Each pattern is released late in the month, no specific date.

Be sure you are signed up for my newsletter at [www.PatSloan.com](http://www.PatSloan.com) on the right side bar to receive block release notices and more!

*Meadow Breeze Part 3 of 9*

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**Birds in the Air Block  
and  
Flower Hoops**

You are going to make  
4 Birds in Air blocks for  
Part 3 of the Meadow  
Breeze Mystery.

Then add the Flower Hoop  
Applique!

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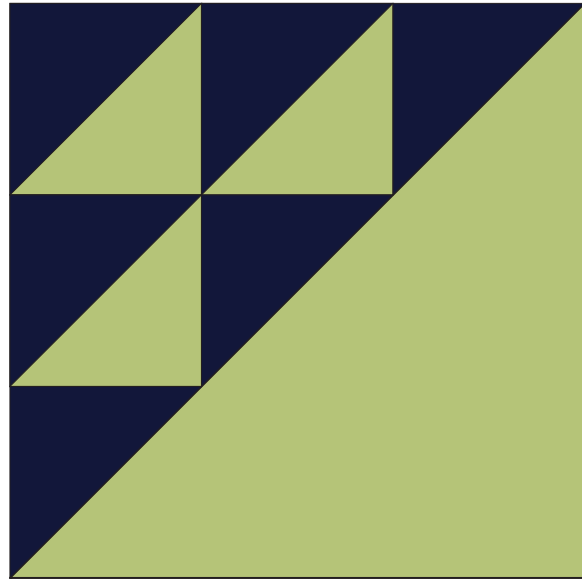
**Page 2**

## **Birds in the Air Block**

**Cut 2 light squares 7" x 7"**

**Cut 6 light squares 3" x 3"**

**Cut 12 print squares 3" x 3"**



## **Make yourself some Half Square Triangles!**

- Draw a diagonal line on the back of your light 3" squares
- Layer a light and dark square. Sew 1/4" on both sides of the line
- Cut on the line
- Press open
- Trim each one so it is a 2.5" square (align the ruler's diagonal on the seam)

**-Make 12 HST**

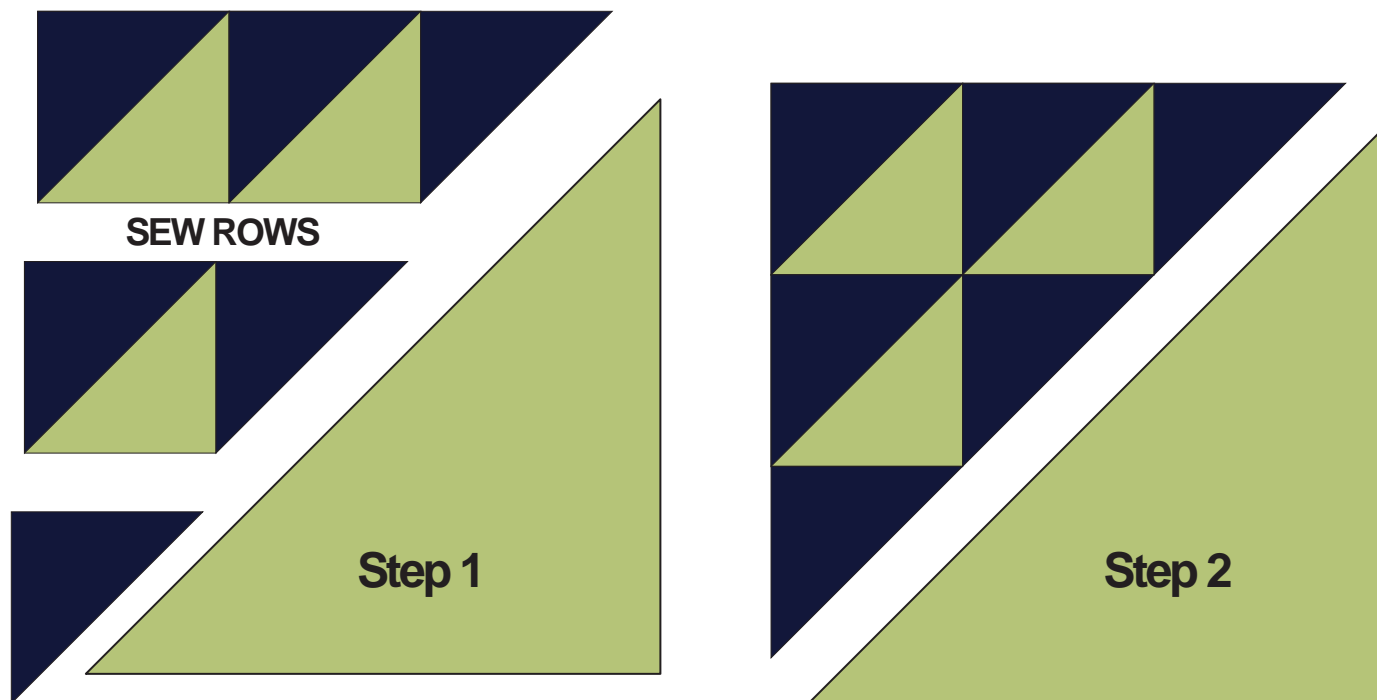
- Cut the remaining 6 squares that are 3" x 3" in half on the diagonal**
- Cut the 2 large light squares in half on the diagonal**

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### Assemble the Block

- Sew the blocks in Rows. Using the spare triangles to end the rows.
- Sew the rows to each other
- Sew the large light triangle to the pieced triangle.
- Using your square ruler.. position the ruler diagonal line on the block's seam and trim the block to 6.5" x 6.5" square. You may need to trim 4 sides depending on your personal sewing style.
- Make 4 Birds in the Air Blocks. Following the diagram on page 2 sew 2 blocks together and make 2 units (see page 1)

**FOR THE OVER ACHIEVERS.. you will make 16 total Birds in the Air Blocks, all the same ... go for it!**

## *Meadow Breeze Part 3 of 9*

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